



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Pätz, Dr. Steffen

Total time: 3:03:32

Club: Zwickau / Sachsen

Number: 314

Course: 55.80 km

Rank in course/Total: 8 (of 46)

XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Men: 8 (of 40)

Best time in course: 2:40:33

Category:

Rank in category: 3(of 13)

Triathlon Männer AK40

Best time in the category: 2:49:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	14:12	17:44	3	0:27	6	1:33	0.80	14:12	17:44	14		41	
Rad	45.00	1:54:21	2:32	5	12:54:21	10	12:54:21	45.80	2:08:33	2:48	13	9:34	40	
Lauf	10.00	54:59	5:29	4	4:30	15	13:54:59	55.80	3:03:32	3:17	4	1:25:26	9	1:25:26