



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Krüger, Thomas

Total time: 3:02:19

Club: Marksuhl

Number: 324

Course: 55.80 km

Rank in course/Total: 7 (of 46)

XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Men: 7 (of 40)

Best time in course: 2:40:33

Category:

Rank in category: 1(of 13)

Triathlon Männer AK30

Best time in the category: 3:02:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.80	14:28	18:04	1	-	7	1:49	0.80	14:28	18:04	14	-	8	41
Rad	45.00	1:53:04	2:30	1	-	8	12:53:04	45.80	2:07:32	2:47	14	-	8	40
Lauf	10.00	54:47	5:28	3	13:54:47	13	13:54:47	55.80	3:02:19	3:16	1	-	8	1:24:13