



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Weiß, Olaf

Total time: 3:06:13

Club: USV Erfurt
Number: 347

Course: 55.80 km
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 11 (of 46)
Rank in course/Men: 11 (of 40)
Best time in course: 2:40:33

Category:
Triathlon Männer AK40

Rank in category: 5(of 13)
Best time in the category: 2:49:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.80	14:48	18:30	4	1:03	8	2:09	0.80	14:48	18:30	14			41
Rad	45.00	1:56:30	2:35	8	1:56:30	15	1:56:30	45.80	2:11:18	2:52	13	12:19		40
Lauf	10.00	54:55	5:29	3	4:26	14	54:55	55.80	3:06:13	3:20	6	1:28:07	12	1:28:07