



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Götz, Christoph

Total time: 3:15:28

Club: Gotha  
Number: 328

Course: 55.80 km  
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 20 (of 46)  
Rank in course/Men: 20 (of 40)  
Best time in course: 2:40:33

Category:  
Triathlon Männer AK20

Rank in category: 9(of 11)  
Best time in the category: 2:40:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	15:04	18:49	5	2:25	11	2:25	0.80	15:04	18:49	12	2:05	41	
Rad	45.00	2:09:23	2:52	9	29:54	30	13:09:23	45.80	2:24:27	3:09	12	31:23	40	
Lauf	10.00	51:01	5:06	3	5:03	6	13:51:01	55.80	3:15:28	3:30	9	34:55	21	1:37:22