



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Lehmann, Christian

Total time: 3:19:26

Club: Friedrichroda

Number: 331

Course: 55.80 km

Rank in course/Total: 22 (of 46)

XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Men: 21 (of 40)

Best time in course: 2:40:33

Category:

Rank in category: 3(of 13)

Triathlon Männer AK30

Best time in the category: 3:02:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.80	21:23	26:43	12	6:55	39	8:44	0.80	21:23	26:43	14	6:35	41	0:45
Rad	45.00	2:04:00	2:45	7	10:56	26	13:04:00	45.80	2:25:23	3:10	14		40	
Lauf	10.00	54:03	5:24	2	13:54:03	11	13:54:03	55.80	3:19:26	3:34	3	17:07	22	1:41:20