



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Krunig, Raik

Total time: 1:50:17

Club: PUMA AG / Bayern

Number: 110

Course: 29.40 km

Rank in course/Total: 64 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 60 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 22(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	8:59	22:27	20	2:08	56	3:14	0.40	8:59	22:27	39		114	1:38
Rad	23.00	1:10:14	3:03	29	11:10:14	83	11:10:14	23.40	1:19:13	3:23	38		112	12:49
Lauf	6.00	31:04	5:10	10	5:49	26	6:12	29.40	1:50:17	3:45	22	24:02	60	28:46