



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Werthan, Beate

Total time: 4:18:39

Club: RAD-ART Tabarz
Number: 341

Course: 55.80 km
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 43 (of 46)
Rank in course/Women: 6 (of 6)
Best time in course: 3:17:06

Category:
Triathlon Frauen AK50

Rank in category: 1(of 1)
Best time in the category: 4:18:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.80	21:10	26:27	1	-	5	6:17	0.80	21:10	26:27	1	-	7	6:17
Rad	45.00	2:39:25	3:32	1	-	6	31:50	45.80	3:00:35	3:56	1	-	7	38:07
Lauf	10.00	1:18:04	7:48	1	-	6	25:06	55.80	4:18:39	4:38	1	-	6	1:01:33