



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Urban, Charlotte

Total time: 24:03

Club: Partyservice Urban
Number: 30

Course: 5.10 km
Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Total: 16 (of 28)

Rank in course/Women: 2 (of 9)

Best time in course: 23:15

Category:
weibliche Einsteiger AK 11-14

Rank in category: 2(of 3)

Best time in the category: 23:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	3:23	33:49	2	0:03	4	0:07	0.10	3:23	33:49	1	-	1	-
Rad	4.00	14:58	3:44	2	0:56	2	0:56	4.10	18:21	4:28	1	-	1	-
Lauf	1.00	5:42	5:42	1	-	1	-	5.10	24:03	4:42	2	0:48	2	0:48