



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schieck, Sandro

Total time: 1:41:21

Club: München / Bayern  
Number: 147

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 33 (of 132)

Rank in course/Men: 31 (of 113)

Best time in course: 1:21:31

Category:  
Triathlon Männer AK30

Rank in category: 10(of 35)

Best time in the category: 1:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:12	22:59	22	2:17	61	3:27	0.40	9:12	22:59	36	1:40	114	1:51
Rad	23.00	59:16	2:34	8	10:59:16	25	10:59:16	23.40	1:08:28	2:55	35		112	2:04
Lauf	6.00	32:53	5:28	12	8:01	48	8:01	29.40	1:41:21	3:26	10	17:34	31	19:50