



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Winterfeld, Patrick

Total time: 3:29:46

Club: Seesportverein Sömmerda e.V
Number: 343

Course: 55.80 km
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 27 (of 46)

Rank in course/Men: 26 (of 40)

Best time in course: 2:40:33

Category:
Triathlon Männer AK20

Rank in category: 10(of 11)

Best time in the category: 2:40:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	14:55	18:38	4	2:16	10	2:16	0.80	14:55	18:38	12	1:56	41	
Rad	45.00	2:11:42	2:55	10	32:13	32	13:11:42	45.80	2:26:37	3:12	12	33:33	40	
Lauf	10.00	1:03:09	6:18	10	17:11	27	14:03:09	55.80	3:29:46	3:45	10	49:13	27	1:51:40