



9. Cross Triathlon Friedrichroda

99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Urban, Axel

Total time: 23:53

Club: Partyservice Urban

Number: 31

Course: 5.10 km

Rank in course/Total: 15 (of 28)

Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Men: 14 (of 19)

Best time in course: 19:06

Category:

Rank in category: 4(of 6)

männliche Einsteiger AK 8-10

Best time in the category: 19:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.10	3:26	34:19	4	0:36	14	0:50	0.10	3:26	34:19	3	0:35	20	0:11
Rad	4.00	15:05	3:46	5	3:21	16	3:42	4.10	18:31	4:30	3	3:56	20	1:03
Lauf	1.00	5:22	5:21	2	0:51	8	0:52	5.10	23:53	4:40	4	4:47	14	4:47