



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Blümel, Maja

Total time: 24:41

Club: AC Apolda
Number: 23

Course: 5.10 km
Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Total: 18 (of 28)
Rank in course/Women: 3 (of 9)
Best time in course: 23:15

Category:
weibliche Einsteiger AK 8-10

Rank in category: 1(of 4)
Best time in the category: 24:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	3:18	32:59	2	0:02	2	0:02	0.10	3:18	32:59	1	-	10	
Rad	4.00	15:26	3:51	1	-	4	1:24	4.10	18:44	4:34	1	-	10	0:23
Lauf	1.00	5:57	5:57	1	-	3	0:15	5.10	24:41	4:50	1	-	3	1:26