



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Blümel, Susan

Total time: 26:45

Club: AC Apolda

Number: 24

Course: 5.10 km

Rank in course/Total: 22 (of 28)

Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Women: 5 (of 9)

Best time in course: 23:15

Category:

Rank in category: 1(of 1)

weibliche Einsteiger ab AK 20

Best time in the category: 26:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	4:33	45:29	1	-	7	1:17	0.10	4:33	45:29	1	-	10	1:10
Rad	4.00	15:19	3:49	1	-	3	1:17	4.10	19:52	4:50	1	-	10	1:31
Lauf	1.00	6:53	6:53	1	-	8	1:11	5.10	26:45	5:14	1	-	5	3:30