



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Fandrei, Aaron

Total time: 23:29

Club: Saalfelder LV

Number: 15

Course: 5.10 km

Rank in course/Total: 14 (of 28)

Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Men: 13 (of 19)

Best time in course: 19:06

Category:

Rank in category: 3(of 6)

männliche Einsteiger AK 8-10

Best time in the category: 19:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.10	2:50	28:19	1	-	5	0:14	0.10	2:50	28:19	5			20	
Rad	4.00	14:41	3:40	3	2:57	13	3:18	4.10	17:31	4:16	5	2:56	20	0:03	
Lauf	1.00	5:58	5:58	6	1:27	16	1:28	5.10	23:29	4:36	3	4:23	13	4:23	