



9. Cross Triathlon Friedrichroda
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Meusel, Wolfgang

Total time: 3:43:35

Club: Triathlon Waltershausen
 Number: 304

Course: 55.80 km
 XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 36 (of 46)

Rank in course/Men: 34 (of 40)

Best time in course: 2:40:33

Category:
 Triathlon Männer AK50

Rank in category: 2(of 3)

Best time in the category: 3:33:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	17:58	22:27	1	-	26	5:19	0.80	17:58	22:27	4			41
Rad	45.00	2:24:15	3:12	3	10:29	38	13:24:15	45.80	2:42:13	3:32	4	9:31	40	7:09
Lauf	10.00	1:01:22	6:08	3	14:01:22	25	14:01:22	55.80	3:43:35	4:00	2	10:04	35	2:05:29