



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Mäder, Thalea

Total time: 29:54

Club: AC Apolda

Number: 13

Course: 5.10 km

Rank in course/Total: 28 (of 28)

Einsteiger (0.1 / 4.0 / 1.0)

Rank in course/Women: 9 (of 9)

Best time in course: 23:15

Category:

Rank in category: 4(of 4)

weibliche Einsteiger AK 8-10

Best time in the category: 24:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	3:32	35:19	3	0:16	5	0:16	0.10	3:32	35:19	4	0:14	10	0:09
Rad	4.00	19:51	4:57	4	4:25	9	5:49	4.10	23:23	5:42	4	4:39	10	5:02
Lauf	1.00	6:31	6:30	3	0:34	5	0:49	5.10	29:54	5:51	4	5:13	9	6:39