



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Bartl-Onißeit, Susan

Total time: 3:50:20

Club: AC Apolda
Number: 338

Course: 55.80 km
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 40 (of 46)
Rank in course/Women: 5 (of 6)
Best time in course: 3:17:06

Category:
Triathlon Frauen AK30

Rank in category: 4(of 4)
Best time in the category: 3:17:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.80	17:40	22:04	3	2:47	3	2:47	0.80	17:40	22:04	5	2:47	7	2:47
Rad	45.00	2:28:47	3:18	4	21:12	5	21:12	45.80	2:46:27	3:38	5	23:59	7	23:59
Lauf	10.00	1:03:53	6:23	3	10:55	4	10:55	55.80	3:50:20	4:07	4	33:14	5	33:14