



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Hoffmann, Thomas

Total time: 1:50:22

Club: Waltershausen

Number: 116

Course: 29.40 km

Rank in course/Total: 65 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 61 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 21(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:46	21:55	17	1:51	44	3:01	0.40	8:46	21:55	36	1:14	114	1:25
Rad	23.00	1:05:16	2:50	21	1:05:16	57	1:05:16	23.40	1:14:02	3:09	35		112	7:38
Lauf	6.00	36:20	6:03	24	11:28	75	11:28	29.40	1:50:22	3:45	21	26:35	61	28:51