



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Umbreit, Heiko

Total time: 1:35:09

Club: Emleben

Number: 180

Enduro U13

Rank in course/Total: 15 (of 132)

Rank in course/Men: 15 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 5(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.40	8:15	20:37	8	1:24	29	2:30	0.40	8:15	20:37	39			114	0:54
Rad	23.00	55:20	2:24	5	10:55:20	13	10:55:20	23.40	1:03:35	2:43	38			112	
Lauf	6.00	31:34	5:15	13	6:19	34	6:42	-	1:35:09	-	5	8:54	15	13:38	