



9. Cross Triathlon Friedrichroda
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Geldner, Udo

Total time: 1:27:52

Club: TSV 1880 Gera Zwätzen
 Number: 210

Course: 29.40 km
 Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 6 (of 132)
 Rank in course/Men: 6 (of 113)
 Best time in course: 1:21:31

Category:
 Triathlon Männer AK40

Rank in category: 2(of 38)
 Best time in the category: 1:26:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	7:42	19:15	4	0:51	14	1:57	0.40	7:42	19:15	39		114	0:21
Rad	23.00	53:32	2:19	2	10:53:32	8	10:53:32	23.40	1:01:14	2:37	38		112	
Lauf	6.00	26:38	4:26	2	1:23	7	1:46	29.40	1:27:52	2:59	2	1:37	6	6:21