



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Hartmann, Mario

Total time: 1:35:56

Club: SV Normania Treffurt

Number: 119

Course: 29.40 km

Rank in course/Total: 19 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 18 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 6(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:03	20:07	7	1:12	23	2:18	0.40	8:03	20:07	39		114	0:42
Rad	23.00	58:46	2:33	7	10:58:46	23	10:58:46	23.40	1:06:49	2:51	38		112	0:25
Lauf	6.00	29:07	4:51	6	3:52	14	4:15	29.40	1:35:56	3:15	6	9:41	18	14:25