



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schäfer, Christian

Total time: 1:54:59

Club: Waltershausen

Number: 107

Course: 29.40 km

Rank in course/Total: 82 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 76 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 26(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:19	23:17	25	2:24	67	3:34	0.40	9:19	23:17	36	1:47	114	1:58
Rad	23.00	1:10:29	3:03	30	11:10:29	84	11:10:29	23.40	1:19:48	3:24	35	2:38	112	13:24
Lauf	6.00	35:11	5:51	18	10:19	62	10:19	29.40	1:54:59	3:54	26	31:12	76	33:28