



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Glöckner, Wolfgang

Total time: 1:50:55

Club: Waltershausen

Number: 124

Course: 29.40 km

Rank in course/Total: 67 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 63 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 23(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:58	27:24	35	4:07	104	5:13	0.40	10:58	27:24	39	0:23	114	3:37
Rad	23.00	1:05:44	2:51	22	11:05:44	62	11:05:44	23.40	1:16:42	3:16	38		19	10:18
Lauf	6.00	34:13	5:42	21	8:58	57	9:21	29.40	1:50:55	3:46	23	24:40	63	29:24