



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Korsawi, Rick

Total time: 1:36:23

Club: Personal-Bodytraining

Number: 190

Course: 29.40 km

Rank in course/Total: 21 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 20 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 6(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	7:53	19:42	9	0:58	19	2:08	0.40	7:53	19:42	36	0:21	114	0:32
Rad	23.00	56:09	2:26	7	10:56:09	15	10:56:09	23.40	1:04:02	2:44	35		112	
Lauf	6.00	32:21	5:23	9	7:29	39	7:29	29.40	1:36:23	3:16	6	12:36	20	14:52