



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Frank, Daniel

Total time: 1:48:37

Club: Tabarz

Number: 145

Course: 29.40 km

Rank in course/Total: 59 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 55 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 18(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:22	23:25	26	2:27	69	3:37	0.40	9:22	23:25	36	1:50	114	2:01
Rad	23.00	1:01:24	2:40	14	11:01:24	40	11:01:24	23.40	1:10:46	3:01	35		112	4:22
Lauf	6.00	37:51	6:18	28	12:59	89	12:59	29.40	1:48:37	3:41	18	24:50	55	27:06