



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Wasserthal, Heiko

Total time: 1:59:53

Club: Raiffeisenbank Gotha  
Number: 114

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 98 (of 132)  
Rank in course/Men: 91 (of 113)  
Best time in course: 1:21:31

Category:  
Triathlon Männer AK50

Rank in category: 9(of 15)  
Best time in the category: 1:31:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:17	28:12	14	3:14	109	5:32	0.40	11:17	28:12	16	2:39	114	3:56
Rad	23.00	1:11:26	3:06	9	16:34	88	11:11:26	23.40	1:22:43	3:32	16	17:01	112	16:19
Lauf	6.00	37:10	6:11	8	8:25	80	12:18	29.40	1:59:53	4:04	9	27:54	91	38:22