



9. Cross Triathlon Friedrichroda
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Hofmann, Thomas

Total time: 1:38:16

Club: SV08 Geraberg
 Number: 204

Course: 29.40 km
 Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 24 (of 132)
 Rank in course/Men: 23 (of 113)
 Best time in course: 1:21:31

Category:
 Triathlon Männer AK20

Rank in category: 5(of 18)
 Best time in the category: 1:21:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	6:51	17:07	4	1:06	4	1:06	0.40	6:51	17:07	19			114
Rad	23.00	1:00:36	2:38	9	10:24	33	11:00:36	23.40	1:07:27	2:52	19	0:45	112	1:03
Lauf	6.00	30:49	5:08	6	5:39	24	5:57	29.40	1:38:16	3:20	5	16:45	23	16:45