



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schönau, Torsten

Total time: 1:57:19

Club: Gotha
Number: 132

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 89 (of 132)
Rank in course/Men: 82 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK40

Rank in category: 29(of 38)
Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:30	23:45	27	2:39	73	3:45	0.40	9:30	23:45	39		114	2:09
Rad	23.00	1:13:03	3:10	34	11:13:03	93	11:13:03	23.40	1:22:33	3:31	38	0:35	112	16:09
Lauf	6.00	34:46	5:47	23	9:31	59	9:54	29.40	1:57:19	3:59	29	31:04	82	35:48