



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Kühn, Michael

Total time: 1:40:15

Club: schneller kann ja jeder!
Number: 201

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 31 (of 132)
Rank in course/Men: 29 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK20

Rank in category: 7(of 18)
Best time in the category: 1:21:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:59	22:27	11	3:14	56	3:14	0.40	8:59	22:27	19	2:05	114	1:38
Rad	23.00	1:00:26	2:37	8	10:14	32	1:00:26	23.40	1:09:25	2:57	19	2:43	112	3:01
Lauf	6.00	30:50	5:08	7	5:40	25	5:58	29.40	1:40:15	3:24	7	18:44	29	18:44