



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Dopleb, Sabine

Total time: 1:43:37

Club: RAD-ART Tabarz  
Number: 162

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 40 (of 132)  
Rank in course/Women: 3 (of 19)  
Best time in course: 1:35:38

Category:  
Triathlon Frauen AK30

Rank in category: 1(of 5)  
Best time in the category: 1:43:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	9:13	23:02	1	-	4	2:54	0.40	9:13	23:02	1	-	20	
Rad	23.00	58:21	2:32	1	-	1	-	23.40	1:07:34	2:53	1	-	20	
Lauf	6.00	36:03	6:00	2	5:34	9	6:21	29.40	1:43:37	3:31	1	-	3	7:59