



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Wojczyk, Dirk

Total time: 1:23:47

Club: RAD ART RACING TEAM
Number: 187

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 3 (of 132)
Rank in course/Men: 3 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK30

Rank in category: 1(of 35)
Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:06	20:14	11	1:11	25	2:21	0.40	8:06	20:14	36	0:34	114	0:45
Rad	23.00	49:15	2:08	2	10:49:15	3	10:49:15	23.40	57:21	2:27	35	-	112	-
Lauf	6.00	26:26	4:24	3	1:34	6	1:34	29.40	1:23:47	2:50	1	-	3	2:16