



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Böttcher, Heiko

Total time: 1:45:58

Club: Germania Georgenthal  
Number: 185

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 48 (of 132)

Rank in course/Men: 44 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 15(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

| Control   | Split | Split   | Split  | Pos  | Behind   | Pos | Behind   | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|----------|-----|----------|-------|---------|--------|------|--------|-----|--------|
|           | km    | Time    | min/km | Cat. | Cat.     | Men | Men      | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Schwimmen | 0.40  | 8:42    | 21:44  | 15   | 1:51     | 43  | 2:57     | 0.40  | 8:42    | 21:44  | 39   |        | 2   | 1:21   |
| Rad       | 23.00 | 1:02:44 | 2:43   | 13   | 11:02:44 | 44  | 11:02:44 | 23.40 | 1:11:26 | 3:03   | 38   |        | 112 | 5:02   |
| Lauf      | 6.00  | 34:32   | 5:45   | 22   | 9:17     | 58  | 9:40     | 29.40 | 1:45:58 | 3:36   | 15   | 19:43  | 44  | 24:27  |