



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Becker, Gerhard

Total time: 1:40:04

Club: Delitzsch Sachsen
Number: 122

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 29 (of 132)
Rank in course/Men: 27 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK30

Rank in category: 8(of 35)
Best time in the category: 1:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	6:55	17:17	1	-	7	1:10	0.40	6:55	17:17	36		114	
Rad	23.00	1:00:01	2:36	10	1:00:01	30	1:00:01	23.40	1:06:56	2:51	35		112	0:32
Lauf	6.00	33:08	5:31	15	8:16	51	8:16	29.40	1:40:04	3:24	8	16:17	27	18:33