



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Hofen, Christian

Total time: 1:58:30

Club: Mühlhausen

Number: 139

Course: 29.40 km

Rank in course/Total: 92 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 85 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 28(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	8:07	20:17	13	1:12	27	2:22	0.40	8:07	20:17	36	0:35	114	0:46
Rad	23.00	1:09:53	3:02	28	11:09:53	80	11:09:53	23.40	1:18:00	3:20	35	0:50	112	11:36
Lauf	6.00	40:30	6:45	30	15:38	99	15:38	29.40	1:58:30	4:01	28	34:43	85	36:59