



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Claus, Andreas

Total time: 1:46:36

Club: Erfurt  
Number: 191

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 51 (of 132)  
Rank in course/Men: 47 (of 113)  
Best time in course: 1:21:31

Category:  
Triathlon Männer AK30

Rank in category: 15(of 35)  
Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:13	23:02	23	2:18	62	3:28	0.40	9:13	23:02	36	1:41	114	1:52
Rad	23.00	1:04:32	2:48	19	11:04:32	52	11:04:32	23.40	1:13:45	3:09	35		112	7:21
Lauf	6.00	32:51	5:28	11	7:59	47	7:59	29.40	1:46:36	3:37	15	22:49	47	25:05