



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Krause, Gerhard

Total time: 1:47:58

Club: Fahrrad-Eberhardt Gotha
Number: 199

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 56 (of 132)

Rank in course/Men: 52 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 1(of 4)

Triathlon Männer AK60

Best time in the category: 1:47:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	10:10	25:24	3	0:32	87	4:25	0.40	10:10	25:24	1	-	114	2:49
Rad	23.00	1:05:24	2:50	1	-	58	1:05:24	23.40	1:15:34	3:13	1	-	112	9:10
Lauf	6.00	32:24	5:23	1	-	43	7:32	29.40	1:47:58	3:40	1	-	52	26:27