



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Breithaupt, Jens

Total time: 1:53:59

Club: Fahrrad Eberhardt/Fahner Höhe  
Number: 177

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 78 (of 132)

Rank in course/Men: 72 (of 113)

Best time in course: 1:21:31

Category:  
Triathlon Männer AK30

Rank in category: 24(of 35)

Best time in the category: 1:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:51	24:37	28	2:56	78	4:06	0.40	9:51	24:37	36	2:19	114	2:30
Rad	23.00	1:08:21	2:58	26	11:08:21	72	11:08:21	23.40	1:18:12	3:20	35	1:02	112	11:48
Lauf	6.00	35:47	5:57	20	10:55	67	10:55	29.40	1:53:59	3:52	24	30:12	72	32:28