



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Kohl, Matthias

Total time: 1:44:48

Club: Ida

Number: 221

Course: 29.40 km

Rank in course/Total: 44 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 41 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 14(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total<br>km | Total<br>Time | Total<br>min/km | Total ranking |                |            |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men |             |               |                 | Pos<br>Cat.   | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.40        | 7:32          | 18:49           | 4           | 0:37           | 12          | 1:47          | 0.40        | 7:32          | 18:49           | 1             | -              | 114        | 0:11          |
| Rad       | 23.00       | 1:01:09       | 2:39            | 13          | 11:01:09       | 38          | 11:01:09      | 23.40       | 1:08:41       | 2:56            | 35            |                | 112        | 2:17          |
| Lauf      | 6.00        | 36:07         | 6:01            | 23          | 11:15          | 74          | 11:15         | 29.40       | 1:44:48       | 3:33            | 14            | 21:01          | 41         | 23:17         |