



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Kohl, Matthias

Total time: 1:44:48

Club: Ida

Number: 221

Course: 29.40 km

Rank in course/Total: 44 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 41 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 14(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	7:32	18:49	4	0:37	12	1:47	0.40	7:32	18:49	1	-	114	0:11
Rad	23.00	1:01:09	2:39	13	1:01:09	38	1:01:09	23.40	1:08:41	2:56	35		112	2:17
Lauf	6.00	36:07	6:01	23	11:15	74	11:15	29.40	1:44:48	3:33	14	21:01	41	23:17