



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Reinhardt, Horst

Total time: 1:49:23

Club: Lauffeuer Fröttstädt  
Number: 208

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 62 (of 132)  
Rank in course/Men: 58 (of 113)  
Best time in course: 1:21:31

Category:  
Triathlon Männer AK40

Rank in category: 20(of 38)  
Best time in the category: 1:26:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:33	26:22	32	3:42	94	4:48	0.40	10:33	26:22	39		114	3:12
Rad	23.00	1:07:05	2:54	24	1:07:05	66	1:07:05	23.40	1:17:38	3:19	38		112	11:14
Lauf	6.00	31:45	5:17	15	6:30	37	6:53	29.40	1:49:23	3:43	20	23:08	58	27:52