



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schuch, Norbert

Total time: 2:07:49

Club: Gotha
Number: 137

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 112 (of 132)
Rank in course/Men: 99 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK50

Rank in category: 12(of 15)
Best time in the category: 1:31:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:30	23:45	8	1:27	73	3:45	0.40	9:30	23:45	16	0:52	114	2:09
Rad	23.00	1:16:50	3:20	12	21:58	103	11:16:50	23.40	1:26:20	3:41	16	20:38	112	19:56
Lauf	6.00	41:29	6:54	13	12:44	100	16:37	29.40	2:07:49	4:20	12	35:50	99	46:18