



9. Cross Triathlon Friedrichroda  
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Team Fahrrad Eberhardt aus Gotha    Total time: 1:28:13  
 Speed: 19.72 km/h  
 Number: 440    Running performance: 3:00 min/km  
 Course: 29.40 km  
 Staffel-Cross (0.4 / 23.0 / 6.0)    Rank in course: 8 (of 64)  
    Best time in course: 1:20:46  
 Category:    Rank in category: 2(of 20)  
 Staffel Cross - Firmenstaffel    Best time in the category: 1:24:30

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen          | 0.40     | 6:42       | 16:45        | 2           | 0:23        | 3         | 0:37         | 0.40          | 6:42       | 16:45        | 21       |             | 65        | 0:23         |
| Rad                | 23.00    | 55:57      | 2:25         | 6           | 4:25        | 15        | 9:47         | 23.40         | 1:02:39    | 2:40         | 21       |             | 65        |              |
| Lauf               | 6.00     | 25:34      | 4:15         | 3           | 3:50        | 6         | 3:50         | 29.40         | 1:28:13    | 3:00         | 2        | 3:43        | 8         | 7:27         |