



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Brauhaus Team

Total time: 2:11:56

Number: 1

Speed: 13.19 km/h

Running performance: 4:29 min/km

Course: 29.40 km

Staffel-Cross (0.4 / 23.0 / 6.0)

Rank in course: 62 (of 64)

Best time in course: 1:20:46

Category:

Rank in category: 18(of 20)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	10:48	27:00	17	4:29	58	4:43	0.40	10:48	27:00	21	0:55	65	4:29
Rad	23.00	1:24:30	3:40	18	32:58	61	38:20	23.40	1:35:18	4:04	21	27:08	65	22:59
Lauf	6.00	36:38	6:06	17	14:54	56	14:54	29.40	2:11:56	4:29	18	47:26	62	51:10