



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Dreamteam aus Bad Orb

Total time: 1:49:54

Number: 444

Speed: 16.05 km/h

Running performance: 3:44 min/km

Course: 29.40 km

Staffel-Cross (0.4 / 23.0 / 6.0)

Rank in course: 45 (of 64)

Best time in course: 1:20:46

Category:

Rank in category: 24(of 31)

Staffel Cross

Best time in the category: 1:20:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	9:52	24:40	26	3:47	52	3:47	0.40	9:52	24:40	32	1:46	65	3:33
Rad	23.00	1:06:16	2:52	25	20:06	48	20:06	23.40	1:16:08	3:15	32	6:48	65	3:49
Lauf	6.00	33:46	5:37	26	9:03	43	12:02	29.40	1:49:54	3:44	24	29:08	45	29:08