



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Team Biathlon beim Triathlon aus Saalfeld Total time: 1:26:54

Number: 401

Speed: 20.02 km/h

Running performance: 2:58 min/km

Course: 29.40 km

Staffel-Cross (0.4 / 23.0 / 6.0)

Rank in course: 6 (of 64)

Best time in course: 1:20:46

Category:

Rank in category: 1(of 10)

Staffel Cross - Familienstaffel

Best time in the category: 1:26:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.40	9:15	23:07	5	1:54	43	3:10	0.40	9:15	23:07	11	-	65	2:56
Rad	23.00	50:58	2:12	1	-	4	4:48	23.40	1:00:13	2:34	11	-	65	
Lauf	6.00	26:41	4:26	2	2:08	10	4:57	29.40	1:26:54	2:57	1	-	6	6:08