



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Fricke, Monika

Total time: 3:30:16

Club: AC Apolda

Number: 47

Course: 52.70 km

Rank in course/Total: 69 (of 69)

stz-Werrataltriathlon 1,5-42-9,6

Rank in course/Women: 10 (of 10)

Best time in course: 2:31:51

Category:

Rank in category: 2(of 2)

TW 50-54, Seniorinnen 3

Best time in the category: 3:19:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	1:02:30	0.96	2	20:35	10	30:16	1.50	1:02:30	0.96	2	20:35	10	28:31
Rad	42.00	1:25:14	29.57	1	-	8	9:11	43.50	2:27:44	17.46	2	10:37	10	37:42
Lauf	9.60	1:02:32	8.64	1	-	9	20:43	52.70	3:30:16	14.84	2	10:30	10	58:25