



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Herbst, Thomas

Total time: 1:00:55

Club: Rhöner WSV Dermbach

Number: 187

Course: 15.00 km

Rank in course/Total: 13 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Men: 13 (of 40)

Best time in course: 54:57

Category:

Rank in category: 6(of 19)

Senioren

Best time in the category: 54:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	10:59	0.00	6	0:58	14	2:34	0.40	10:59	0.00	15			33
Rad	9.20	24:33	22.00	7	3:07	15	3:07	9.60	35:32	15.20	15			33
Lauf	5.40	25:23	11.82	4	1:53	8	1:53	15.00	1:00:55	14.77	6	5:58	13	5:58