



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Rudolph, Bernd

Total time: 1:07:00

Club: Lauftreff Breitungen

Number: 189

Course: 15.00 km

Rank in course/Total: 22 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Men: 21 (of 40)

Best time in course: 54:57

Category:

Rank in category: 10(of 19)

Senioren

Best time in the category: 54:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	13:45	1.75	17	3:44	36	5:20	0.40	13:45	1.75	1	-	11	0:58
Rad	9.20	26:47	20.61	14	5:21	29	5:21	9.60	40:32	14.21	1	-	11	
Lauf	5.40	26:28	12.24	9	2:58	15	2:58	15.00	1:07:00	13.43	10	12:03	21	12:03