



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Glaser, Hendrik

Total time: 1:07:32

Club: Bad Blankenburg

Number: 177

Course: 15.00 km

Rank in course/Total: 24 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Men: 23 (of 40)

Best time in course: 54:57

Category:

Rank in category: 12(of 18)

Hauptklasse männlich

Best time in the category: 57:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.40	12:43	1.89	14	4:18	28	4:18	0.40	12:43	1.89	8	0:36	3	
Rad	9.20	24:39	22.39	9	2:22	16	3:13	9.60	37:22	15.41	8		3	
Lauf	5.40	30:10	10.74	12	5:36	30	6:40	15.00	1:07:32	13.33	12	10:12	23	12:35