



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Heiderich, Ronald

Total time: 1:08:48

Club: Eisenach

Number: 162

Course: 15.00 km

Rank in course/Total: 30 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Men: 27 (of 40)

Best time in course: 54:57

Category:

Rank in category: 13(of 19)

Senioren

Best time in the category: 54:57

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Schwimmen | 0.40 | 12:49 | 0.00 | 14 | 2:48 | 31 | 4:24 | 0.40 | 12:49 | 0.00 | 8 | | 7 | 0:02 |
| Rad | 9.20 | 26:17 | 20.55 | 13 | 4:51 | 25 | 4:51 | 9.60 | 39:06 | 13.81 | 8 | | 7 | |
| Lauf | 5.40 | 29:42 | 10.10 | 14 | 6:12 | 27 | 6:12 | 15.00 | 1:08:48 | 13.08 | 13 | 13:51 | 27 | 13:51 |