



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Bärwolf, Silvia

Total time: 1:10:01

Club: Lauffreß Breitung

Number: 152

Course: 15.00 km

Rank in course/Total: 35 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Women: 5 (of 8)

Best time in course: 1:02:41

Category:

Rank in category: 4(of 5)

Seniorinnen

Best time in the category: 1:08:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.40	12:02	1.99	1	-	4	3:14	0.40	12:02	1.99	4	-	5	3:14
Rad	9.20	30:53	17.87	4	3:47	5	4:35	9.60	42:55	13.42	4	3:22	5	7:49
Lauf	5.40	27:06	11.96	1	-	1	-	15.00	1:10:01	12.85	4	1:56	5	7:20